CHARLESTOWN CATHOLIC COLLABORATIVE

Saint Mary–Saint Catherine of Siena and Saint Francis de Sales Parishes *Parish Center & Eucharistic Center*, 46 Winthrop Street, 617-242-4664, charlestowncatholic.org *St. Francis Rectory*, 303 Bunker Hill Street, 617-242-0147, info@charlestowncatholic.org Charlestown, MA 02129 November 12, 2023

32ND SUNDAY

Stay awake and be ready! For you do not know on what day your Lord will come. Mt 24:42a, 44



WELCOME

To visitors to our parish, to those who have recently moved into the area, and to those who are comfortable and nourished herewelcome to all! Please introduce yourself to the priest, and register as a member of our parishes.

SAINT MARY - SAINT CATHERINE

Our Mission is to make active disciples of Jesus Christ by creating a welcoming community rich in spirituality and by moving people to share their God-given talents in the service of others and the care of creation.

We are an intentionally inclusive Roman Catholic parish that welcomes all those who make up our diverse community in a way that reflects God's love.

Nourished by the Gospel and the real presence of Jesus in the Eucharist, we strive to build a vibrant parish that strengthens our faith and elevates our worship.

SAINT FRANCIS DE SALES

Led by the Holy Spirit, the Parish Family of Saint Francis de Sales seeks to know and celebrate Jesus through Mass, Prayer, Sacrament and Service.

Saint Francis de Sales Church is the oldest consecrated church in New England, the oldest in the city of Boston in continuous service, and the fourth oldest in America, built in 1859, on the top of Bunker Hill. Saint Francis is known affectionately as the Firefighter's church – The statue of St. Florian, patron saint, is located in the bell yard next to the church.

Mass Schedule

Saturdays at 9 am, Holidays at 9 am

8:00 am Masses – Weekdays St. Catherine Chapel at St. Mary Church

Weekend Masses

Saturday 9 am St. Mary- St. Catherine 4 pm St. Francis de Sales 4 pm St. Mary - St. Catherine

Sunday

8 amSt. Mary- St. Catherine9:30 amSt. Francis de Sales11 amSt. Mary - St. Catherine6 pmSt. Mary - St. Catherine

Pastor Fr. John Sheridan

Pastoral Associate Sr. Nancy Citro, SNDdeN

Finance & Operations Manager James Santosuosso

> Social Ministry Director Thomas J. MacDonald

Pastoral Assistant, Faith Formation Allison Buff

> Confirmation Director Cynthia Markey

Director of Music John Anthony Volpe

Administrative Assistant Dianne Ludy

> Hispanic Ministry Blanca Paz

St Francis de Sales

Pastoral Assistant Joan C. Rae

Music Director Timothy Leahy

Parish Nurse Ministry Director Mrs. Maureen Collier, RN BSN

Clergy in Residence Fr. Jerome Gillespie Fr. Anthony Nweke C.S.S.p. Fr. Britto Dhinakaran Fr. Mark Shimave

Email info@charlestowncatholic.org

COMING UP





Advent Mission— Speaker series

Wednesday, Nov. 29 6:30 pm St. Francis de Sales On Gratitude

Wednesday, Dec. 6 6:30 pm St. Mary- St. Catherine On Joy

Wednesday, Dec. 13 6:30 pm St. Francis de Sales Prayer Service for Peace With the Sacrament of Reconciliation

A quiet force for good - The Society of St. Vincent de Paul

has been an active supporter of the greatest in need. Vincentians respond to a variety of issues in Charlestown every week. Some people need help with rent, utilities, and/or furniture. Society members engage in home visits to listen to their stories, determine their living situation, and assist in whatever way they can.

Please remember the good work with a gift to the Poor boxes at the back of the church. Thanks so much

Saint Mary Church 55 Warren Street Saint Catherine of Siena Chapel Warren & Soley Street 617.242.4664

St. Francis de Sales Church 313 Bunker Hill Street 617.242.0147 Charlestown Catholic Collaborative Parish Center 46 Winthrop Street 617-242-4664

Social Ministry Office 49 Vine Street 617-580-8305

Good Shepherd School 20 Winthrop Street 617-242-8800

Handicap Access St. Mary's Church is handicapped-accessible on Soley Street. St. Catherine's Chapel is handicapped-accessible on Winthrop Street.

From our Pastor ...

I won't look too far ahead... It's too much for me to take.

But break it down to this next breath... This next step... This next choice is one that I can make. So I'll walk through this night... Stumbling blindly toward the light and do the next right thing.

And with the dawn, what comes then, when it's clear that everything will never be the same again?

Then I'll make the choice to hear that voice and do the next right thing.

From The Next Right Thing, written by Robert Lopez and Kristen Anderson- Lopez

As we make our way through November and recall Saints and Souls, the Masses of Remembrance we've offered, and the fact that for many of us, with Thanksgiving around the corner and Christmas not far away, this special season has changed forever with the losses of those we hold dear, the world can feel plunged into the darkness of the short days and long nights around us for many of us, it's hard to find and hold onto the light.

In the Gospel, Jesus calls us to keep the flame of faith alive in our hearts, to tend it and spread it- and of course that light is not in this world, it is the light of Christ that burns within us, the wisdom that is referred to in the first reading. It's that light gives us warmth and hope as we look up and look ahead. It is not easy, and it can take a long time, but Christ awaits and calls us to keep going, to take the next step, to do the next right thing.

NEWS FROM RELIGIOUS EDUCATION CONFIRMATION PROGRAM

We had another full session of two great classes on Sunday night!

A special thank you to Katy Fleming for leading the Confirmation 1 class in Clare's absence and to Father John who joined the discussion on life, happiness, and faith. Later this month and next month, we'll have more small group interactions on interesting topics.

Confirmation 2 candidates discussed the Story of God and reviewed the requirements necessary for confirmation, including selecting saint names, confirmations sponsors, service hours, Letters of Intent, and class attendance.

Nick and Ari will be co-teaching the Confirmation 2 classes going forward. As candidates prepare to be confirmed this spring, Father John will host an informational Zoom session for parents in December. Details to follow at our next class.

Remember, classes meet twice per month, the first and third Sundays of the month.

Our next class is Sunday, November 19th at 7pm, immediately following the 6 pm mass.

NEWS FROM RELIGIOUS EDUCATION YOUTH GROUP

Sunday's Youth Group was amazing! It started with an engaging and interactive co-presentation by Kathleen Chiong of the Eliot School and who is involved with many service projects, and our Youth Group teacher, Kerry. They talked about why it is important to serve others, how kids can help, and shared lots of ideas on group service projects. A special thank you to Kathleen for joining

us! Then, we moved on to a discussion about Saints.

Remember, class is once per month, the first Sunday of the month. Below you will find the class schedule. We can always use some extra hands at Youth Group - we have a large number of students (which is great!) and could use help passing out food, cleaning up, and general assistance with activities. If you are able to assist, please use this link to sign up! Parent Assist

Our next class is December 3 at 7 pm, after the 6 pm mass.

For those who are wonderingthere's still time to register and you may do so on our web site.

Cynthia Markey, Confirmation Director





Charlestown Catholic Collaborative The 11 am Sunday Mass is live on our Website and Facebook and archived on Facebook

Saturday, November 11 9 am 4 pm Veterans Mass 4 pm + Rose Boyle & Margaret Boyle

Sunday, November 12 8 am 9:30 am + Mary & Roland Contin 11 am + Rafael Emilio Soto 6 pm

Monday, November 13 8 am

Tuesday, November 14 8 am

Wednesday, November 15

8 am

Thursday, November 16 8 am Friday, November 17 8 am

Saturday, November 18 9 am 4 pm Veterans Mass 4 pm + Mary Devlin

Sunday, November 19 8 am + Jean L. Higgins 9:30 am + Eugene F "Buddy" & David M Whelan 11 am + Marie, Nancy, John Maughn & Joan Minton 6 pm + Philip "Bucky" Jones

CHARLESTOWN CATHOLIC



Hockey Raffle for St. Francis de Sales Parish!

2 loge seats to Bruins vs. NJ Devils on Dec. 30 (value: \$500 ea.)
Drawing: Dec. 16 after the 4 pm Mass.
Tickets: \$25 each, available from Fr. John, St. Francis Parish Council members and the Parish Offices at 46 Winthrop St.



SAVE THE DATE

For the Christmas Concert with the Spectrum Singers Dec. 10 at 3 pm at St. Mary Church

CALL TO STEWARDSHIP

Gratefully acknowledging that God gives us all, we each willingly offer our unique gifts to one another and all creation in the Spirit of Jesus Christ. Weekend of November 4-5

Parishioners contributed \$4,740.82 to the Weekly Collection at St. Mary– St. Catherine Parish.

Attendance 11/04 & 11/05 4 pm 53 8 am 56 11 am 89 6pm 90 TOTAL = 288

St. Mary - St Catherine of Siena

UPCOMING COLLECTIONS

Nov 11-12—Monthly Nov 19—Retired Religious Sisters Dec 8—Immaculate Conception



Saint Francis de Sales Church Sanctuary Lamp is lit for

> Mary & Roland Contin

"Pray, hope, and don't worry."

Padre Pio

Saint Mary Church Sanctuary Lamp

> is lit in for James & Frances Rowsey

WE ARE GRATEFUL TO YOU

We are grateful to you for your offerings!

On the weekend of Nov. 4-5, \$1,663 was contributed to the Weekly Collection And \$742.00 for the Cap, Imp. at St. Francis de Sales Parish

ATTENDANCE—11/04 & 11/05 Sat. @ 4:00 pm 43 Sun @ 9:30 am 73 Total 116

> St. Francis de Sales UPCOMING COLLECTIONS

Nov 19–Retired Religious Sisters Dec 3–Capital Improvement

COMMUNITY NEWS & INFO

If you are planning a Wedding, Planning a Baptism, If you are interested in becoming Catholic or have not yet received Confirmation, if you are homebound and would like to receive the Sacraments, interested in the choir Religious Education, or becoming a volunteer in a ministry...

> Contact us at the Parish office at 617.242.4664 or email info@charlestowncatholic.org

The Sacrament of Reconciliation is offered at 3:15 pm on Saturdays before Mass at both Parishes.

If you would like to pray the rosary with us on Saturday mornings -Please email Donna at: donna.lecam@gmail.com

ONLINE GIVING

Many have asked us how to contribute through online banking so that when they are not in the Parish, they can continue to make their offertory collection and second collection donations. This can be done easily by logging into your online banking account and entering St. Francis de Sales or St. Mary—St. Catherine as vendor/payee.

For St. Francis, please use 303 Bunker Hill St for the address. For St. Mary – St. Catherine, please use 46 Winthrop Street.

If you have any questions, please contact James Santosuosso at the Parish Office. Thank you for your continued generosity.



WOMEN'S FAITH-SHARING GROUP

The women's faith sharing group will meet via Zoom on Wednesday, Nov. 15 at 6:30 pm. It's a wonderful opportunity to nurture your soul as we reflect on scripture and commentaries and make new friends.

Call Sr. Nancy at 617-242-4664 or go to **ncitro@stmarystcatherine.org** to learn more or to sign up!



La primera generación cristiana vivió convencida de que Jesús, el Señor resucitado, volvería muy pronto lleno de vida. No fue así. Poco a poco, los seguidores de Jesús se tuvieron que preparar para una larga espera.

No es difícil imaginar las preguntas que se despertaron entre ellos. ¿Cómo mantener vivo el espíritu de los comienzos? ¿Cómo vivir despiertos mientras llega el Señor? ¿Cómo alimentar la fe sin dejar que se apague? Un relato de Jesús sobre lo sucedido en una boda les ayudaba a pensar la respuesta.

Diez jóvenes, amigas de la novia, encienden sus antorchas y se preparan para recibir al esposo. Cuando, al caer el sol, llegue a tomar consigo a la esposa, los acompañarán a ambos en el cortejo que los llevará hasta la casa del esposo donde se celebrará el banquete nupcial.

Hay un detalle que el narrador quiere destacar desde el comienzo. Entre las jóvenes hay cinco *«sensatas»* y previsoras que toman consigo aceite para impregnar sus antorchas a medida que se vaya consumiendo la llama. Las otras cinco son unas *«necias»* y descuidadas que se olvidan de tomar aceite con el riesgo de que se les apaguen las antorchas.

Pronto descubrirán su error. El esposo se retrasa y no llega hasta medianoche. Cuando se oye la llamada a recibirlo, las sensatas alimentan con su aceite la llama de sus antorchas y acompañan al esposo hasta entrar con él en la fiesta. Las necias no saben sino lamentarse: *«Que se nos apagan las antorchas»*. Ocupadas en adquirir aceite, llegan al banquete cuando la puerta está cerrada. Demasiado tarde.

Muchos comentaristas tratan de buscar un significado secreto al símbolo del *«aceite».* ¿Está Jesús hablando del fervor espiritual, del amor, de la gracia bautismal...? Tal vez es más sencillo recordar su gran deseo: *«Yo he venido a traer fuego a la tierra, y ¿qué he de querer sino que se encienda?».* ¿Hay algo que pueda encender más nuestra fe que el contacto vivo con él?

¿No es una insensatez pretender conservar una fe gastada sin reavivarla con el fuego de Jesús? ¿No es una contradicción creernos cristianos sin conocer su proyecto ni sentirnos atraídos por su estilo de vida?

Necesitamos urgentemente una calidad nueva en nuestra relación con él. Cuidar todo lo que nos ayude a centrar nuestra vida en su persona. No gastar energías en lo que nos distrae o desvía de su Evangelio. Encender cada domingo nuestra fe rumiando sus palabras y comulgando vitalmente con él. Nadie puede transformar nuestras comunidades como Jesús.

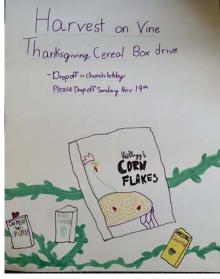
HELP the 4th GRADE Service Project

During the month of November, the 4th Graders are collecting cereal for Harvest on Vine. Please drop off cereal in the church lobby of both St. Mary's and St. Francis or at the Parish Center.

This service project will be running from now until Sunday, Nov. 19th .



4th grade is collecting Cereal For Harvest On Vine



Thank you!

Allison Buff Pastoral Asst. Of Faith formation



"I have two words for Long Covid – the worst," shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

"I got Covid early last year, and it was pretty bad," shares Eric. "I was hospitalized for 9 days, and there was a

point where I wasn't sure I would make it. I'm still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn't do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called 'brain fog.' I'd lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I'd had a stroke more than it did a virus."

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions. These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

"I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me 'this is the best we can do for you, it's time you start thinking about how you're going to live with Long Covid.' Apparently, their best was letting me live what felt like half a life."

Eric wasn't satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. "I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I've used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac."

You might think that a novel virus needs a novel solution, but you'd only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it's a much more time-tested science that's getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

"Our O3 ReBoot Therapy® has allencompassing and powerful healing capabilities," shares Clinical Director Rebecca Rinn. "Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive. As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and longlasting results.

"I'm in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door."

Acupuncturist Min Jeon D.Ac. Lic.Ac.has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



Call (781) 221-0162 where an AWC Care Coordinator is waiting to help you achieve optimal health and wellness!

Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!



For Advertising call 617-779-3771