

CHARLESTOWN CATHOLIC COLLABORATIVE

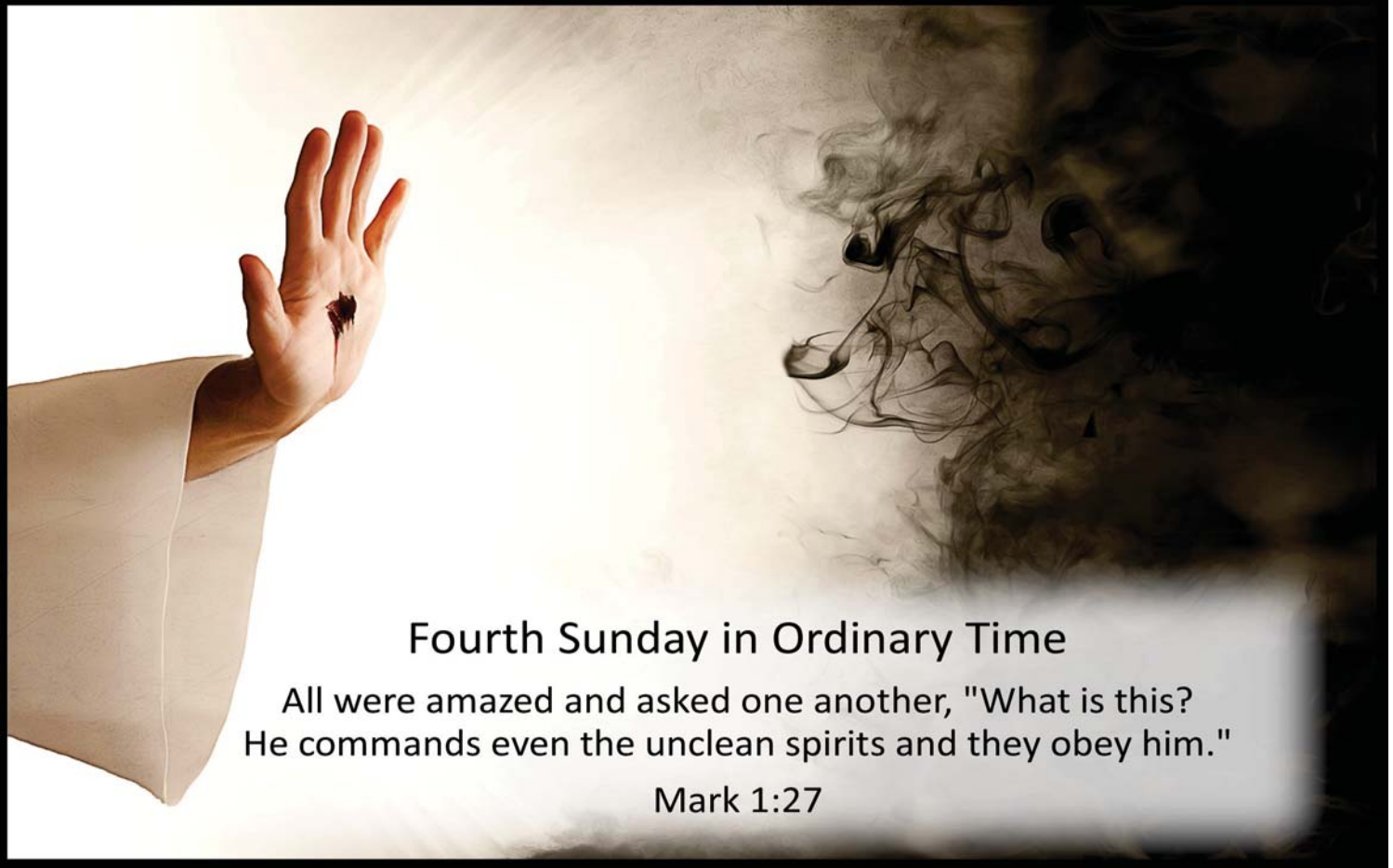
Saint Mary–Saint Catherine of Siena and Saint Francis de Sales Parishes

Parish Center & Eucharistic Center, 46 Winthrop Street, 617-242-4664, charlestowncatholic.org

St. Francis Rectory, 303 Bunker Hill Street, 617-242-0147, info@charlestowncatholic.org

Charlestown, MA 02129

January 28, 2024



Fourth Sunday in Ordinary Time

All were amazed and asked one another, "What is this?
He commands even the unclean spirits and they obey him."

Mark 1:27

WELCOME

To visitors to our parish, to those who have recently moved into the area, and to those who are comfortable and nourished here—
welcome to all! Please introduce yourself to the priest, and register as a member of our parishes.

SAINT MARY - SAINT CATHERINE

Our Mission is to make active disciples of Jesus Christ by creating a welcoming community rich in spirituality and by moving people to share their God-given talents in the service of others and the care of creation.

We are an intentionally inclusive Roman Catholic parish that welcomes all those who make up our diverse community in a way that reflects God's love.

Nourished by the Gospel and the real presence of Jesus in the Eucharist, we strive to build a vibrant parish that strengthens our faith and elevates our worship.

SAINT FRANCIS DE SALES

Led by the Holy Spirit, the Parish Family of Saint Francis de Sales seeks to know and celebrate Jesus through Mass, Prayer, Sacrament and Service.

Saint Francis de Sales Church is the oldest consecrated church in New England, the oldest in the city of Boston in continuous service, and the fourth oldest in America, built in 1859, on the top of Bunker Hill. Saint Francis is known affectionately as the Firefighter's church – The statue of St. Florian, patron saint, is located in the bell yard next to the church.

Mass Schedule

Saturdays at 9 am, Holidays at 9 am

8:00 am Masses — Weekdays
St. Catherine Chapel
at St. Mary Church

Weekend Masses

Saturday

9 am St. Mary- St. Catherine
4 pm St. Francis de Sales
4 pm St. Mary - St. Catherine

Sunday

8 am St. Mary- St. Catherine
9:30 am St. Francis de Sales
11 am St. Mary - St. Catherine
6 pm St. Mary - St. Catherine

Pastor

Fr. John Sheridan

Pastoral Associate

Sr. Nancy Citro, SNDdeN

Finance & Operations Manager
James Santosuosso

Social Ministry Director
Thomas J. MacDonald

Pastoral Assistant, Faith Formation
Allison Buff

Confirmation Director
Cynthia Markey

Director of Music
John Anthony Volpe

Administrative Assistant
Dianne Ludy

Hispanic Ministry
Blanca Paz

St Francis de Sales

Pastoral Assistant
Joan C. Rae

Music Director
Timothy Leahy

Parish Nurse Ministry Director
Mrs. Maureen Collier, RN BSN

Clergy in Residence
Fr. Jerome Gillespie
Fr. Anthony Nweke C.S.S.p.
Fr. Britto Dhinakaran
Fr. Mark Shimave

Email

info@charlestowncatholic.org

Dear Parish Family,

I'm writing to let you know that I will be stepping away from my ministry as Pastoral Associate of this amazing, life-giving Parish community.

As I approach my 73rd birthday and 17th year in the Parish, through prayer and discernment with my spiritual director, congregational contact person, family, and close Notre Dame friends, it has become clear to me that it is time to welcome new life into our beloved Parish.

My last day in the Parish will be May 19th – coincidentally or perhaps God-incidentally, the Feast of Pentecost. I say God-incidentally because I do believe it is the Holy Spirit who gifted me with all of you; and that it is the Holy Spirit who is nudging me to relinquish this ministry that I so love, and take a break for some time with family, sisters, friends, and physical and spiritual renewal. Then I will discern where and with whom God is calling me next to share God's goodness and love as best I can.

There are no words to describe how being a member of this remarkable Parish Family means to me. I am grateful to you for welcoming me into this community of faith and for allowing me to share in your joys and in your sorrows. You have enriched my life beyond measure.

This year, my congregation, The Sisters of Notre Dame de Namur, is celebrating 175 Years of An Enduring Legacy of Goodness in New England. You may have read about it in The Pilot. Since I have been a part of the St. Mary-St. Catherine of Siena community for the past 17 years, it gives me great joy to know that you are a part of my Congregation's history.

Now...there is still more to do before May 19th! Your Parish needs you and you will greatly benefit by sharing your talents in one of our ministries. Stay tuned as we plan to have a Ministry weekend or two featuring all of our ministries and inviting you to help our Parish community to continue to deepen our faith, embrace God's vision for our world, and then share it with one another and beyond.

*You will always be in my heart and in my prayers,
Sr. Nancy*

Saint Mary Church
55 Warren St.
Saint Catherine of Siena Chapel
Warren & Soley St.
617.242.4664

St. Francis de Sales Church
313 Bunker Hill St.
617.242.0147

Charlestown Catholic Collaborative
Parish Center
46 Winthrop St.
617-242-4664

Social Ministry Office
49 Vine Street 617-580-8305

Good Shepherd School
20 Winthrop Street 617-242-8800

Handicapped Access

St. Mary's Church is handicapped-accessible on Soley Street.
St. Catherine's Chapel is handicapped-accessible on Winthrop Street.

From our Pastor ...

Next **Saturday, Feb. 3 at 10 am**, our new Auxiliary Bishop, Most Rev. Cristiano Barbosa, will be ordained at the Cathedral of the Holy Cross. Everyone's welcome, and in my role as Vicar Forane for our area, it will be an honor for me to represent us. He has already impressed me and so many with his humility, warmth, sense of humor and pastoral care. I look forward to what he will share with us as our Regional Bishop.

Next weekend at all the weekend Masses, we will bless throats in honor of St. Blaise.

On the weekend of **Feb. 10-11**, in honor of the World Day of the Sick, at the Saturday 4 pm Mass at St. Francis and the Sunday 11 am Mass at St. Mary's Church, we will offer the Sacrament of Anointing.

Ash Wednesday comes early this year- it's Valentine's Day! Here's the schedule:

8 am Mass @ St. Francis
12:10 pm Service @ St. Mary's
3 pm Service @ St. Francis
6 pm Mass @ St. Mary's

Ashes also available at the offices at 46 Winthrop

On Ash Wednesday and Good Friday, Catholics ages 18-59- in reasonable health- are called to eat only one full meal and two smaller meals which, combined, would not equal a single normal meal. Those 14 years and older are called to abstain from meat on Fridays during Lent.

Catholics are also encouraged to engage in acts of kindness, justice, and mercy as well as abstain or refrain from something one would normally indulge in to mark the nature of the season. For young children, parents should communicate the meaning and importance of Lent.

Stations of the Cross

The Stations will be prayed at St. Francis Church on Fridays throughout Lent at 6:30 pm.
Gather with us and walk the steps of Christ.

On **Sunday, Feb. 18**, after the 11 am Mass, folks from our Collaborative will join with Cardinal Sean and hundreds of candidates and catechumens for the Rite of Welcoming at the Cathedral that afternoon. Through the Rite of Christian Initiation for Adults, they will be brought into the fullness of the Catholic Church at the Easter Vigil on March 31st. Please pray for them.

Couples!

Also on Sunday, Feb. 18, in honor of World Marriage Day, at the 9:30 am Mass at St. Francis and the 11 am Mass at St. Mary's Church, we'll invite couples to restate their vows!

Coming soon!

Two very special evenings with a dynamic TV and film star and dedicated Catholic who will light up St. Mary's Church with *three* presentations March 21-22:

Monday: *Signs! The Gospel of John*

Tuesday: *The Sermon on the Mount and Hollywood vs. Faith!*

Charlestown Catholic Collaborative

The 11 am Sunday Mass is live on our Website and Facebook
and archived on Facebook

Saturday, January 27

9 am

4 pm

4 pm + Thomas Byrne

Sunday, January 28

8 am = Roy MacNeil & Jacqueline Robinson

9:30 am

11 am + Francis X. Norton

6 pm

Monday January 29

9 am

Tuesday, January 30

8 am

Wednesday, January 31

8 am

Thursday, February 1

8 am

Friday, February 2

8 am

Saturday, February 3—St. Blaise

9 am

4 pm + Bill O'Connell, Agnes O'Connell, Edward Devlin
Colleen Devlin

4 pm + Frank & Elizabeth Hennessey

Sunday, February 4—St. Blaise

8 am

9:30 am

11 am

6 pm

CHARLESTOWN CATHOLIC



ASH WEDNESDAY - Lent Begins February 14, 2024

Ash Wednesday opens Lent, a season of fasting and prayer.

Ash Wednesday takes place 46 days before Easter Sunday, and is chiefly observed by Catholics, although many other Christians observe it too.

Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God. Writings from the Second-century Church refer to the wearing of ashes as a sign of penance. All are invited to accept the ashes as a visible symbol of penance. Small children, the elderly and sick are exempt from this observance. Ashes also available at the Collaborative Office (Parish office at 46 Winthrop Street) from 9:30 am to 4:30 pm for those unable to get to a Mass or prayer service at the Church.

The Schedule is as follows;

8:00 AM - St. Francis de Sales—Mass

12:10 PM—St. Mary Church—Prayer Service

3:00 PM—St. Francis de Sales—Prayer Service

6:00 PM—St. Mary Church—Mass

February 4 Fuel Collection

Next Sunday is the St. Mary—St. Catherine Siena Parish Fuel Collection. As you know, heating costs are one of the largest expenses for your home. The same is true for the Parish. Steps have been taken to increase efficiency of our buildings, but costs remain high. Thank you for your continued generosity!

**GRATEFULLY ACKNOWLEDGING
THAT GOD GIVES US ALL, WE
EACH WILLINGLY OFFER OUR
UNIQUE GIFTS TO ONE ANOTHER
AND ALL CREATION IN THE
SPIRIT OF JESUS CHRIST.**



**Weekend of
Jan 20 & 21**

**Parishioners contributed
\$2,772.53
to the Weekly Collection**

St. MC Attendance 1/20 & 1/21

Sat. @ 4 pm	68
Sun @ 8 am	48
11 am	79
6 pm	106
Total	301

St. Mary - St Catherine of Siena

UPCOMING COLLECTIONS

Jan 28—Latin America

Feb 4—Fuel

Feb 11—St Vincent de Paul

Feb 14—Ash Wed: Catholic Charities

ONLINE GIVING

Many have asked us how to contribute through online banking so that when they are not in the parish, they can continue to make their offertory collection and second collection donations. This can be done easily by logging in- to your online banking account and entering St. Francis de Sales or St. Mary—St. Catherine as vendor/payee.

For St. Francis, please use 303 Bunker Hill St for the address.

For St. Mary – St. Catherine, please use 46 Winthrop Street.

If you have any questions, please contact James Santosuosso at the Parish Office. Thank you for your continued generosity.



**WE ARE GRATEFUL
TO YOU**

**We are grateful to you
for your offerings!**

**Weekend of Jan 20 & 21
\$1,565.00 was contributed
to the Weekly Collection**

St. F Attendance—1/20 & 1/21

Sat. @ 4 pm	49
Sun @ 9:30 am	56
Total	105

St. Francis de Sales

UPCOMING COLLECTIONS

Jan 28—Latin America

Feb 4—Capital Improvement

Feb 14—Ash Wed—Catholic Charities

COMMUNITY NEWS & INFO

A Happy Musical Development

Several happy people have remarked about the changes in the music from the Carillon at St. Francis ringing throughout Bunker Hill.

In the interest of keeping everyone aware of such beautiful music and with thanks to the technological wizardry of Tim Leahy, we present the current lineup of music:

10 AM	O Blessed Trinity
11 AM	Abide in me
Noon	Salve Regina
1 PM	As with Gladness, Men of old
2 PM	Hail to the Lord's Anointed
3 PM	Love came down
4 PM	I heard the voice of Jesus say
4:30 PM	Flowers of the Forest (bag pipes)
5 PM	How great Thou Art
5:30 PM	Fur Elise
6 PM	Hail Holy Queen Enthroned Above
6:30 PM	Goin' Home (bag pipes)
7 PM	Clair de Lune
7:30 PM	Amazing Grace
8 PM	Moonlight Sonata

If you are planning a Wedding, planning a Baptism, if you are interested in becoming Catholic or have not yet received Confirmation, if you are home-bound and would like to receive the Sacraments, interested in the choir, Religious Education, or becoming a volunteer in a ministry...

*Contact us at the Parish office
at 617.242.4664 or email
info@charlestowncatholic.org*

*The Sacrament of Reconciliation
is offered at 3:15 pm on Saturdays
before Mass at both Parishes.*

*If you would like to pray the rosary
with us on Saturday mornings -
Please email Donna at:
donna.lecam@gmail.com*

IV Domingo DEL TIEMPO ORDINARIO



«Estoy perdido... No hay nada que hacer.» Qué duro es escuchar a quien se nos confía con estas o parecidas palabras. Pocos sentimientos habrá tan penosos para el ser humano como esa sensación de verse hundido sin remedio.

Todo se desata, a veces, a partir de una desgracia que el individuo se siente incapaz de soportar: «Es demasiado para mí. No puedo más. Voy a volverme loco.» La persona no sabe dónde encontrar consuelo. Ya nada será como antes. Algo se ha roto para siempre.

Otras veces es la soledad sentida de manera angustiosa: «Nadie me entiende. Nadie me quiere. Todos me han dejado solo.» Frustrada en lo más íntimo, la persona se hunde en la amargura. Sabe que nadie le espera ya en ningún lugar. ¿Qué sentido puede tener seguir viviendo sin la presencia de una persona amada?

En algunos momentos puede aparecer una inexplicable sensación de malestar: «No tengo ganas de vivir. Nada me llena. Todo me da igual.» La persona no sabe cómo sacudirse de encima esa fastidiosa impresión de vacío y falsedad. Hay que seguir viviendo, pero uno se siente acabado.

En otras ocasiones el ser humano experimenta el cansancio de su propio corazón: «Estoy harto de todo y de todos.» Una especie de entumecimiento interior se apodera de la persona. Hay que «seguir tirando», pero hace tiempo que la vida se ha apagado.

No es tampoco tan extraña la experiencia del pecado: «Mi vida es un desastre. He dado muchos pasos equivocados. Poco a poco me he ido alejando de Dios, y ahora no tengo fuerzas para cambiar.» La persona no se atreve ya a enfrentarse a su propia conciencia. Siente confusamente el peso de la culpa, pero no sabe cómo salir de ese estado.

Las parábolas de la oveja perdida, la moneda perdida y el hijo perdido (*Lucas 15, 1-32*) insisten todas ellas en lo mismo: Dios es alguien que se alegra con la recuperación de todo hombre o mujer que se veía perdido. No hay desgracia ni pecado, no hay cansancio ni soledad, no hay crimen ni oscuridad que te pueda destruir definitivamente. Nadie está perdido para Dios.

Esta es la Buena Noticia del evangelio: No hay desesperación definitiva; siempre se puede seguir esperando incluso «contra toda esperanza». Dios es Salvador para todos aquellos que se ven desbordados por el mal, el pecado, la impotencia o la fragilidad. Esto es lo que descubren con admiración aquellas gentes de Galilea que son testigos del poder y la bondad de Jesús que libera del «*espíritu inmundo*» a aquel pobre hombre que se retuerce poseído por el mal.

January 28 ~ Fourth Sunday of Ordinary Time

Mark makes clear in today's Gospel that Jesus spoke with a different kind of authority, an authority or confidence that arose from his own prayer and personal relationship with the Father. Everything Jesus did, his words, his deeds, his response to those in need, all sprang from that relationship. This gospel gives us a little push to reflect on our own words and actions. During this coming week take time to speak to Christ about his relationship with the Father and to consider whether what we say and do arises from our relationship with God. Ask for the grace to speak with the confidence of Christ about his/our Father!



St. Blaise—Blessing of the Throats at all Masses on the weekend of February 3-4

According to the Acts, while Blaise was being taken into custody, a distraught mother, whose only child was choking on a fishbone, threw herself at his feet and implored his intercession. Touched at her grief, he offered up his prayers, and the child was cured. Consequently, Saint Blaise is invoked for protection against injuries and illnesses of the throat.



THE PRESENTATION OF THE LORD FEBRUARY 2

The Presentation of Jesus in the temple shows him to be the firstborn Son who belongs to the Lord. Jesus is recognized as the long-expected Messiah, the "light of the nations" and the "glory of Israel." (CCC, no. 529)

January 38- February 3

It's Catholic Schools Week!

We're grateful for all of the wonderful teachers and students who contribute so much to the life of our parishes, parish-ioners and our Church especially here at the Good Shepherd School



St. John School North End

invites you to celebrate Catholic Schools Week at our Open House on Wednesday, January 31, from 8:30-10 a.m.

Nestled in the heart of Boston's historic North End, St. John School, PreK thru Grade 8, educates students in an atmosphere that fosters a spirit of community, faith and academic excellence.

We are now accepting applications for the 2024-2025 school year! Kindly reach out to Amy Fitzgerald at afitzgerald@sjnsne.com or call 617-227-3143 to schedule a tour if unable to attend.



Saint Columbkille Partnership School, in Brighton, MA, partners with Boston College to provide a superior preschool (age 2.9) through grade 8 education grounded in the Catholic values of love, respect, and high expectations. Prospective families are invited to join us at our Virtual Open House and In-Person Tours.

Tuesday, February 6 at 7 pm - Virtual Open House on Zoom

Thursday, February 8 and Friday, February 9 at 8:30 am - In-Person Tours

Register at stcps.org

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- ✓ School year schedule, for children 20 months to 4 years
- ✓ Small class sizes (10-12 children) with 2 dedicated Teachers each 3 for our Toddler classroom (9 children)
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- ✓ After School and Summer Program available

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617-242-8800

director@gsscharlestown.org

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**10 Days • 12 Meals:
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HIGHLIGHTS... Rome, Vatican Museums, Sistine Chapel, St. Peter's Basilica, Assisi, Perugia, Cortona, Florence, Michelangelo's *David*, Chianti Winery & Cooking Class, Venice, Murano Island, Lake Maggiore

**Coming Mar. 21-22 to St. Mary's Church...
Something Extraordinary... SIGNS!**

What is *SIGNS*?

SIGNS is a one man play, staged with dramatic lighting and entertaining audience interaction. As characters and settings and lights constantly shift, the Gospel engages the audience's imaginations, surprises them flashes of humor, and drives relentlessly forward with all the dramatic suspense you would expect from great theatre. Audience members are addressed individually as the actor roams the room... They are invited to "come and see," they become part of the crowd witnessing the signs, they are healed, given bread, and challenged to believe...

By the time the last candle is blown out, each audience member has a sense that they are part of the story that God is writing- not simply spectators, that Jesus is a very real Presence among them, and that they have been called not only to witness these signs but to respond to the Word they have heard, like Lazarus, by becoming a sign of that Life themselves.

Who is Frank Runyeon?

Frank Runyeon has won national acclaim for his work as a translator and performer of Biblical texts over the past 17 years. He has performed the Gospel for hundreds of thousands of people, in virtually state in America. He is also well known for his many years on TV.

He starred opposite Meg Ryan on *As the World Turns*, as Michael Donnelly on *Santa Barbara*, and as Simon Romero on *General Hospital*. He has guest-starred in recurring roles on *Falcon Crest*, *Melrose Place* and *L.A. Law*. He also starred in the feature film *Sudden Death*.

Join us for two electrifying nights here in Charlestown with this acclaimed actor and deepen your faith as we enter the city of Jerusalem for Palm Sunday and Holy Week. Admission is a free-will offering. For more information, please see Fr. John!

**For more information on our incredible trip to Italy,
go to gateway.gocollette.com/link/1217946 or see Fr. John!**

Parish Ministries

PARISH COUNCILS

FINANCE COUNCIL
PASTORAL COUNCIL

LITURGICAL MINISTRIES

EUCCHARISTIC MINISTERS
LECTORS
ALTAR SERVERS
MUSIC MINISTRY
USHERS
ALTAR SOCIETY
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ARIMATHEA SOCIETY
CANA SOCIETY

FAITH FORMATION

BAPTISM TEAM
RELIGIOUS ED K – 8
RCIA
ADULT CONFIRMATION
CONFIRMATION
CENTERING PRAYER
FAITH SHARING
CURSILLO

OTHER MINISTRIES

PRISON MINISTRY

SOCIAL MINISTRIES

HARVEST ON VINE
ST. VINCENT DE PAUL

*To learn more and/or become
involved contact us at
617-242-4664 and check out the
web site!*

Charlestowncatholic.org



CONFIRMATION CLASS NEWS

Here are some quick updates from Sunday's confirmation classes 1 & 2 -

In Confirmation 1, we continued our discussion on the Prayer Process and began a review of the Bible and reading Scripture. We were fortunate to have Fr. John join us and share his personal insights on prayer and having conversations with God.

In Confirmation 2, we talked about the Power and Purpose of the Sacraments, including a discussion on the Gift of Grace and a review of the Seven Sacrament

Confirmation dates are set for Saturday, April 27th at St. Mary/St. Catherine's (4:00 pm mass) and Sunday, April 28th at St. Francis de Sales (9:30 am mass).

Next classes for Confirmation 1 & 2 are scheduled for Sunday, February 4th at 7pm, immediately following the 6pm mass.

With many thanks,
Cynthia Markey

WORDSEARCH

Can you find and circle the words listed below the wordsearch grid?

M	B	P	R	O	P	H	E	T	C	A	E
W	O	M	L	F	D	E	S	T	R	O	Y
G	I	S	H	I	S	H	R	I	E	K	S
J	K	F	E	N	S	O	M	L	I	D	P
R	Q	F	E	S	P	T	E	A	C	H	I
V	O	I	C	E	G	V	E	U	T	S	R
B	W	R	X	B	O	D	Y	N	Z	Y	I
C	U	E	B	A	O	W	O	R	L	D	T
E	D	S	F	K	D	G	O	Q	P	N	J
I	H	L	Y	M	U	N	C	L	E	A	N

PROPHET
MOSES
LISTEN
VOICE
FIRE

TEACH
DESTROY
SPIRIT
UNCLEAN
SHRIEK

BUSY
WIFE
BODY
WORLD
GOOD

Sunday Funday © Pilot Bulletins

*We extend a warm welcome
to all visitors and those
who are new to our parish.*

*If you're new to St. Mary -
St. Catherine of Siena Parish*

*or St. Francis de Sales Parish,
please visit our website for events
and resources.*

*You may also register online at:
charlestowncatholic.org*



THANKS TO THESE SPONSORS WE ARE ABLE TO PROVIDE YOU WITH YOUR BULLETIN **FREE EACH WEEK**

Enjoy the full color bulletin that will change weekly and may feature images
to reflect the Gospel of the week or a meaningful Parish event.

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LIVING LIFE AFTER COVID



“I have two words for Long Covid – the worst,” shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

“I got Covid early last year, and it was pretty bad,” shares Eric. “I was hospitalized for 9 days, and there was a point where I wasn’t sure I would make it. I’m still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn’t do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called ‘brain fog.’ I’d lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I’d had a stroke more than it did a virus.”

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

“I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me ‘this is the best we can do for you, it’s time you start thinking about how you’re going to live with Long Covid.’ Apparently, their best was letting me live what felt like half a life.”

Eric wasn’t satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. “I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I’ve used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac.”

You might think that a novel virus needs a novel solution, but you’d only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it’s a much more time-tested science that’s getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

“Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities,” shares Clinical Director Rebecca Rinn. “Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive.” As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

“I’m in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door.”

Acupuncturist Min Jeon D.Ac. Lic.Ac. has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



Call (781) 221-0162 where an AWC Care Coordinator is waiting to help you achieve optimal health and wellness!

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and to take advantage of their NEW PATIENT OFFER!**



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"Pray without Ceasing" 1
Thessalonians 5:17



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here tomorrow.



JOHN L. TOBIN

ATTORNEY AT LAW

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STE. 105, CHARLESTOWN

(617) 242-7881

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