

CHARLESTOWN CATHOLIC COLLABORATIVE

Saint Mary–Saint Catherine of Siena and Saint Francis de Sales Parishes

Parish Center & Eucharistic Center, 46 Winthrop Street, 617-242-4664, charlestowncatholic.org

St. Francis Rectory, 303 Bunker Hill Street, 617-242-0147, info@charlestowncatholic.org



Photo: Fr. Lawrence Lew, O.P.

1ST SUNDAY OF LENT

God said: “This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth.”

Genesis 9:12-13

WELCOME

*To visitors to our parish, to those who have recently moved into the area, and to those who are comfortable and nourished here—**welcome to all!** Please introduce yourself to the priest, and register as a member of our parishes.*

SAINT MARY - SAINT CATHERINE

Our Mission is to make active disciples of Jesus Christ by creating a welcoming community rich in spirituality and by moving people to share their God-given talents in the service of others and the care of creation.

We are an intentionally inclusive Roman Catholic parish that welcomes all those who make up our diverse community in a way that reflects God's love.

Nourished by the Gospel and the real presence of Jesus in the Eucharist, we strive to build a vibrant parish that strengthens our faith and elevates our worship.

SAINT FRANCIS DE SALES

Led by the Holy Spirit, the Parish Family of Saint Francis de Sales seeks to know and celebrate Jesus through Mass, Prayer, Sacrament and Service.

Saint Francis de Sales Church is the oldest consecrated church in New England, the oldest in the city of Boston in continuous service, and the fourth oldest in America, built in 1859, on the top of Bunker Hill. Saint Francis is known affectionately as the Firefighter's church – The statue of St. Florian, patron saint, is located in the bell yard next to the church.

Mass Schedule

Saturdays at 9 am, Holidays at 9 am

8:00 am Masses — Weekdays
St. Catherine Chapel
at St. Mary Church

Weekend Masses

Saturday

9 am St. Mary- St. Catherine
4 pm St. Francis de Sales
4 pm St. Mary - St. Catherine

Sunday

8 am St. Mary- St. Catherine
9:30 am St. Francis de Sales
11 am St. Mary - St. Catherine
6 pm St. Mary - St. Catherine

Pastor

Fr. John Sheridan

Pastoral Associate

Sr. Nancy Citro, SNDdeN

Finance & Operations Manager
James Santosuoso

Social Ministry Director
Thomas J. MacDonald

Pastoral Assistant, Faith Formation
Allison Buff

Confirmation Director
Cynthia Markey

Director of Music
John Anthony Volpe

Administrative Assistant
Dianne Ludy

Hispanic Ministry
Blanca Paz

St Francis de Sales

Pastoral Assistant
Joan C. Rae

Music Director
Timothy Leahy

Parish Nurse Ministry Director
Mrs. Maureen Collier, RN BSN

Clergy in Residence
Fr. Jerome Gillespie
Fr. Anthony Nweke C.S.S.p.
Fr. Britto Dhinakaran
Fr. Mark Shimave

Email

info@charlestowncatholic.org



Coming soon!

Two very special evenings
with dynamic TV and film
star **Frank Runyeon**
who will light up St. Mary's
Church with *three* presenta-
tions March 21-22:

Thursday, March 21 at 7 pm:

Signs! The Gospel of John

Friday, March 22 at 7 pm:

The Sermon on the Mount and Hollywood vs. Faith!

Take everyone to these special evenings
and be inspired, encouraged, and spellbound!

Admission is a free will offering.

Mark these dates on your calendar and join us!

**GRATEFULLY ACKNOWLEDGING
THAT GOD GIVES US ALL, WE EACH WILLINGLY OFFER
OUR UNIQUE GIFTS TO ONE ANOTHER
AND ALL CREATION IN THE SPIRIT OF JESUS CHRIST.**

Saint Mary Church
55 Warren St.
Saint Catherine of Siena Chapel
Warren & Soley St.
617.242.4664

St. Francis de Sales Church
313 Bunker Hill St.
617.242.0147

Charlestown Catholic Collaborative
Parish Center
46 Winthrop St.
617-242-4664

Social Ministry Office
49 Vine Street 617-580-8305

Good Shepherd School
20 Winthrop Street 617-242-8800

Handicapped Access

St. Mary's Church is handicapped-accessible on Soley Street.
St. Catherine's Chapel is handicapped-accessible on Winthrop Street.

From our Pastor ...

*I'll be your candle on the water, this flame inside of me will grow.
Keep holding on, you'll make it. Here's my hand, so take it.
Look for me reaching out to show, as sure as rivers flow... I'll never let you go.*

From *Candle on the Water*, written by Kasha & Hirschhorn

Our journey to Jerusalem has begun, and it starts in the quiet of the desert. Some years ago, I took a trip out to Nevada and Arizona, and like many people, I fell in love with its hard beauty I can't explain why- I just felt a sense of depth and purpose. It's a misunderstanding that the desert is dead- it's hot and dry but it's teeming with life that we can't see. Lent can be an empty and bleak time of waiting desperately for Easter and spring, or it can be a place of activity, focus, and renewed hope. Jesus went to the desert to refocus and though it can be difficult at times (what truly great pursuit is easy?), our faith reminds us that we're never alone. It's time to look up and look ahead at what can be, and follow through, with our words, actions, and life. Let's get out there and get to it!

A Word to the Wise...

Those 14 years and older are called to abstain from meat on Fridays during Lent.

Catholics are also encouraged to engage in acts of kindness, justice, and mercy as well as abstain or refrain from something one would normally indulge in to mark the nature of the season.

For young children, parents should communicate the meaning and importance of Lent.

Stations of the Cross

The Stations will be prayed in English and Spanish at St. Francis Church on Fridays throughout Lent at 6:30 pm. Gather with us and walk the steps of Christ.

Rites of Election & Welcoming

This **Sunday, Feb. 18**, after the 11 am Mass, folks from our Collaborative will join with hundreds of candidates and catechumens for the Rite of Welcoming at the Cathedral.

Through the Rite of Christian Initiation for Adults, they will be brought into the fullness of the Catholic Church at the Easter Vigil on March 31st. Please pray for them.

Couples!

Also on Sunday, in honor of World Marriage Day, at the 9:30 am Mass at St. Francis and the 11 am Mass at St. Mary's Church, we'll invite couples to restate their vows!

Coming soon!

Two very special evenings with a dynamic TV and film star Frank Runyeon who will light up St. Mary's Church with *three* presentations March 21-22:

Thursday, March 21 at 7 pm: *Signs! The Gospel of John*

Friday, March 22 at 7 pm: *The Sermon on the Mount and Hollywood vs. Faith!*

Take everyone to this special evening and be inspired, encouraged, and spellbound!

Admission is a free will offering. Mark these dates on your calendar and join us!

Charlestown Catholic Collaborative

The 11 am Sunday Mass is live on our Website and Facebook
and archived on Facebook

Saturday, February 17

9 am + Maureen Armstrong

4 pm + Thomas Byrne

4 pm + Linda LeBlanc

Sunday, February 18

8 am + Nora Costello & Mary Meissner

9:30 am World marriage Day—Restating Vows

11 am World marriage Day—Restating Vows

6 pm

Monday, February 19

9 am Presidents Day—Office closed

Tuesday, February 20

8 am

Wednesday, February 21

8 am

Thursday, February 22

8 am

Friday, February 23

8 am + Minnie, Tranquillino & Vincent Citro, Joeepsh & Arthur
Mari, Fabio Laudadio

Saturday, February 24

9 am

4 pm + Jim Ahern, David Whelan, Patti & Bob Harty

4 pm + Warren F & Rita Butler, Warren G. Butler

Sunday, February 25

8 am

9:30 am

11 am + Mary Patrick Lyon

6 pm + Robbie Brady

CHARLESTOWN CATHOLIC



Emma
Charlotte
Stanton
Baptized
Feb 11
Welcome



Madison
Maeve
Pacheco
Baptized
Feb 11
Welcome



Madison Sofia
Mila Rose
Molly Frances
Konnick
Baptized
Feb 11
Welcome



Staff
Wishing
Fr. John
A happy
Birthday



Weekend of
Feb 10 & 11

Parishioners contributed
\$3,328.82
to the Weekly Collection and
\$1,404.55 to the St Vincent de Paul
collection



*Requiescant in
Pace*

*Marcus Joseph
Wacheski*

Paul Sullivan

And

Diana Melaugh

*We extend a warm welcome
to all visitors and those
who are new to our parish.
If you're new to St. Mary -
St. Catherine of Siena Parish
or St. Francis de Sales Parish,
please visit our website for events
and resources.*

*You may also register online at:
charlestowncatholic.org*



WE ARE GRATEFUL
TO YOU

We are grateful to you
for your offerings!

Weekend of Feb 10 & 11
\$1,645.30 was contributed
to the Weekly Collection

St. F Attendance—2/10 & 2/11

Sat. @ 4 pm 49

Sun @ 9:30 am 46

Total 95

St. Francis de Sales
UPCOMING COLLECTIONS

Feb 25 Support Church Around World
Mar 10 Capital Improvement
Mar 29 Holy Land

St. Mary - St Catherine of Siena

UPCOMING COLLECTIONS

Feb 25 Support Church Around World
Mar 10 Fuel
Mar 17 Monthly
Mar 24 Parish Easter

COMMUNITY NEWS & INFO

WORLD MARRIAGE DAY RESTATEMENT OF VOWS

Couples (please face each other and repeat after the celebrant):

Husbands: I have taken you _____, to be my wife. I promise to be true to you in the good times and in bad, in sickness and in health. I will love you and honor you all the days of my life.

Wives: I have taken you _____, to be my husband. I promise to be true to you in the good times and in bad, in sickness and in health. I will love you and honor you all the days of my life.

If you are planning a Wedding, planning a Baptism, if you are interested in becoming Catholic or have not yet received Confirmation, if you are home-bound and would like to receive the Sacraments, interested in the choir, Religious Education, or becoming a volunteer in a ministry...

*Contact us at the Parish office
at 617.242.4664 or email
info@charlestowncatholic.org*

*The Sacrament of Reconciliation
is offered at 3:15 pm on Saturdays
before Mass at both Parishes.*

*If you would like to pray the rosary
with us on Saturday mornings -*

*Please email Donna at:
donna.lecam@gmail.com*



Empezamos el tiempo de Cuaresma. Según la intención de la Iglesia, es un tiempo de renovación, de penitencia y de conversión. Para los primeros cristianos, la proclamación de la penitencia era una “Buena Nueva”. Dios iba a perdonarles sus faltas, Dios iba a revelarles su cariño y su compasión. Pero para nosotros, los modernos, se trata de una mala noticia. Si en una asamblea cristiana se habla de Cuaresma, de penitencia, de sacrificio, muchos rostros se ensombrecen. Se ponen a temer por lo que les resulta más querido: su cartera, sus cigarrillos, su televisión, su buena comida... ¿Cuál puede ser la razón de este cambio entre los antiguos y los modernos cristianos?

En la Iglesia antigua sólo hacían penitencia los que habían cometido grandes crímenes: los penitentes públicos. Pero el Jueves Santo, en la misa de su reconciliación, estos pecadores parecían tan felices, tan renovados, tan inocentes que los demás fieles sentían envidia de ellos. Se lamentaban de no haber experimentado una penitencia tan bienhechora. Y al año siguiente pedían, también ellos, que se les admitiera a la penitencia cuaresmal. ¿Y nosotros, los cristianos de hoy? Nosotros pensamos demasiado en nosotros mismos, pensamos en esas renunciaciones, en esa cruz, en esos sacrificios, en esa confesión cuaresmal - como cosas que nos van a costar y que nos dan miedo. Pero no pensamos en Dios, que nos llama, que nos está esperando y que hará que todo se nos convierta en gozo, si volvemos hacia Él nuestro corazón. Muchos cristianos tenemos una idea imperfecta y hasta falsa de nuestra religión. Creemos que la religión consiste en lo que nosotros hacemos por Dios, en esas cosas desagradables que nos imponemos por Dios.

Saber que Dios nos ama - Mc 1, 12-15 2 ¡Cuántas cosas he hecho yo por Dios! ¡Cuántas cosas le he sacrificado! ¡A cuántas he renunciado por amor a Él! El auténtico cristiano es el que mira, ante todo, las cosas que Dios ha hecho por nosotros, las cosas grandes y maravillosas que Él ha hecho en la pobreza y pequeñez de sus servidores. Con esta actitud uno nunca se siente saciado, siempre está deseando crecer y profundizar más todavía. Es la religión del Credo, que no dice ni una sola palabra de nosotros, pero que canta todas las iniciativas de Dios para manifestarnos su amor. Nosotros somos cristianos, si creemos y si - después de tantos años - sabemos que Dios nos ama. Dios nos ama gratuitamente. Dios es Padre y ser padre es amar primero, es tener la iniciativa en el amor. Dios nos ama antes que nosotros lo amemos, sin que nosotros lo amemos. Dios no tiene necesidad de nuestros sacrificios para amarnos. Dios - como todos aquellos que en verdad nos aman, como nuestros padres por ejemplo - no nos ama porque nosotros seamos dignos de su amor, sino nos ama por su bondad, por la generosidad y fidelidad de su propio corazón.

Dios nos ama con tanto cariño que seguramente conseguirá despertar en nosotros, algún día, una respuesta de amor semejante al suyo. Tal respuesta de amor sería, sin duda, el fruto más hermoso y precioso de este tiempo de Cuaresma. ¿No cambiaría este amor el triste asunto de nuestros sacrificios y renunciaciones cuaresmales en un alegre testimonio de nuestra gratitud y de nuestra generosidad hacia Dios? Y aplicado para nosotros: ¿No sería esta Cuaresma el tiempo propicio para tomar más en serio nuestra autoeducación, y de este modo crecer en santidad y convertirnos más y más en hombres nuevos? A mí me parece que ésta es la gran oportunidad para ofrecerles a María y a Dios nuestros esfuerzos de santidad, manifestándoles así nuestro amor fiel y generoso de hijos. Y al mismo tiempo le damos a nuestros sacrificios y renunciaciones cuaresmales un sentido más profundo y una fecundidad mayor al servicio de la construcción del Reino de Dios. ¡Qué así sea!



February 18 ~ First Sunday of Lent

In today's first reading we are given a beautiful reminder that every time we see a rainbow in the sky, God is reminding us of his covenant, his promise, to be with us. Like Christ, we will experience times of temptation to ignore the need for prayer, fasting and alms-giving. Our scriptures are meant to help us remember God's promise of fidelity so that we don't succumb to the temptations of ignoring the call to change our ways, or of keeping. To remember God's promise to be with you, place a rainbow in a prominent place to remind that you can overcome any temptation, because God is with you.



Raised in a Methodist home in Mississippi, Sister Thea Bowman came into the Catholic Church at the age of 9 with her parents' permission in large part due to the influence of her Catholic education. Sr. Thea was also attracted to the Church by the example of how Catholics seemed to love and care for one another, particularly the poor and needy. She was impressed with how Catholics put their faith into action, especially in a time of segregation.

Sister Thea became a highly acclaimed evangelizer, teacher, writer, and singer sharing the joy of the Gospel and her rich cultural heritage throughout the nation, most notably addressing the US Bishops Council in 1989 about what it meant to be Black and Catholic in society. She reminded the bishops about the importance of Catholic education in the

Black community, as well as our call to be united as one family in Christ:

"Today we're called to walk together in a new way toward that Land of Promise and to celebrate who we are and whose we aren't... The Church teaches us that the Church is a family of families and the family got to stay together and we know, that if we do stay together – if we walk and talk and work and play and stand together in Jesus' name – we'll be who we say we are – truly Catholic – and we shall overcome – overcome the poverty, overcome the loneliness, overcome the alienation and build together a Holy city, a new Jerusalem, a city set apart where they'll know that we are here because we love one another."

Servant of God, Sr. Thea Bowman, pray for us!

Yours in Christ,

Fr. John

CATHOLIC APPEAL

Weekend of February 17-18

Forward in Faith

Once a year, Catholics throughout the Archdiocese are asked to partner with one another to support their parish and the many outreach ministries by contributing to the Catholic Appeal. Many of you have received a letter from Cardinal Seán requesting your participation and early support of the 2024 Appeal. We hope that you will respond to his invitation with a generous gift, knowing that each contribution has a significant impact on the lives of thousands across the Archdiocese. You can make a gift by returning your pledge card or by making an online donation at www.bostoncatholicappeal.org. For those who have already made a gift, thank you for your early support! The Appeal is a primary means by which we care for our brothers and sisters and move forward in our faith together.

FIRST WEEK OF LENT— A SEASON FOR REFLECTION

During this holy time, we are called to pause and pay closer attention to our relationship with God and our neighbors. Reflect on how the Lenten pillars of prayer, fasting and almsgiving can guide your journey and how the Eucharist helps us to live in solidarity with our sisters and brothers around the world. Visit crsricebowl.org to learn more and read this week's Story of Hope.

FOR LENT FOR LIFE



This Lent, be transformed—
and transform the world—by
practicing:

- Daily prayer.
- Weekly fasting.
- Almsgiving.

Journey with CRS Rice Bowl
to encounter God and our
global family. What you give
up for Lent changes lives!

Find stories, videos and
more at crsricebowl.org

CRS
RICE
BOWL

**God needs priests. Is He calling you?
If you are 30-60, you may be surprised.**

First Friday Visit

Pope St. John XXIII National Seminary
558 South Ave., Weston, MA

March 1, 2024

Holy Hour and Evening Prayer

5:00 PM EST

In-Person Visit: Includes Dinner with seminarians and tour of the Seminary

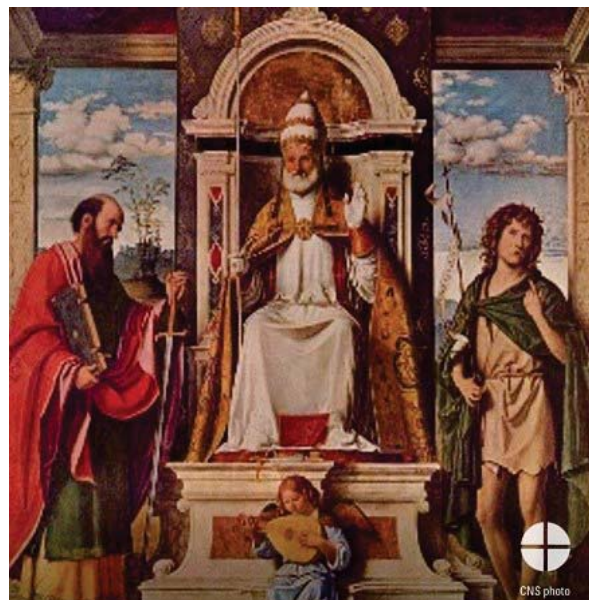
Virtual Visit: Live-stream Holy Hour followed by a Zoom visit (Zoom link provided at registration)

To Register, contact
Msgr. William Fay, 781-899-5500 ext. 134
msgr.fay@psjs.edu

www.psjs.edu



POPE ST. JOHN XXIII
NATIONAL SEMINARY
Answering the Call | Founded in 1964



FEAST OF THE CHAIR OF SAINT PETER

February 22nd is the feast of the Chair of Saint Peter! This feast reminds us of the significance of the ministry of St. Peter and the succession of popes who followed in his footsteps. and lovingly live out their marriage vows, bearing witness to the love God has for each of us.

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HELP SAVE LIVES IN BOSTON!

Campaign Kick-Off, Wednesday, February 14, 2 pm at Planned Parenthood. Candlelight Vigils Friday nights at 7 pm, February 16, 23, March 1, 8, 15, and 22. Spanish Vigils Saturday mornings at 10:30 am, February 17, 24, March 2, 9, 16, and 23. Family Vigils Sunday at 2 pm, February 18, 25, March 3, 10, 17, and 24. Tuesday Rosary Vigils

at 2 pm, February 20, 27, March 5, 12, and 19. Concluding Celebration of Life, Sunday, March 24 at 2 pm

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

With God's help, here are the proven results in 26 coordinated campaigns:

- Over 24,211 babies saved from abortion
- Over 256 abortion workers converted
- Over 148 abortion centers closed

Here's how to take part in 40 Days for Life in our community:

- Vigil location: Outside Planned Parenthood, 1055 Commonwealth Ave. Boston
- Vigil hours: 7 am to 7 pm daily
- Local contact: Rita Russo, 781-762-4391 40daysforlifeboston@gmail.com Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address shown below!

HORIZONS FOR HOMELESS CHILDREN®

The Playspace Program is looking for volunteers to play with children experiencing homelessness in Everett for just two hours each week.

Morning and evening opportunities available Monday - Friday.

Questions? Contact Megan Nally,
Volunteer Recruitment & Training Coordinator
at mnally@horizonschildren.org.

QUIZ

Can you choose the correct endings?

- God promised that never again would he:
(a) help mankind (b) create a rainbow
(c) devastate the earth by a flood?
- A rainbow recalls
(a) God's anger (b) God's covenant between him and all living beings (c) the power of God?
- Christ died for sins:
(a) on a Sunday (b) in the desert (c) once for all?
- The Spirit sent Jesus out:
(a) to Jerusalem (b) toward the desert
(c) against the Pharisees?
- Jesus appeared in Galilee:
(a) after John's arrest (b) because people asked for him (c) after years in the desert?

ANSWERS

The correct answers are: 1(c); 2(b); 3(c); 4(b); 5(a)

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WORDSEARCH

Can you find and circle the words listed below the wordsearch grid?

N	C	A	K	D	J	E	J	G	L	I	S
B	O	E	A	R	T	H	F	U	N	H	I
C	F	A	N	I	M	A	L	S	S	O	N
L	V	Z	H	Y	D	T	O	C	X	T	S
O	D	E	A	T	H	E	O	L	I	F	E
U	A	I	M	J	O	M	D	H	K	G	S
D	T	R	D	D	E	S	E	R	T	P	L
S	R	Y	K	A	Z	U	X	U	E	S	Q
P	W	V	N	B	Y	W	A	Q	S	F	R
A	N	G	E	L	S	S	S	A	T	A	N

NOAH
ANIMALS
FLOOD
CLOUDS
EARTH

SINS
JUST
DEATH
LIFE
ARK

DESERT
SATAN
TEST
ANGELS
DAYS

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Act of Contrition

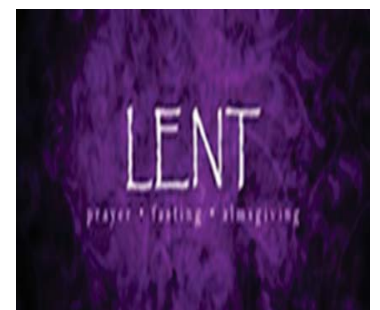
My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Sacrament of

Reconciliation:

Saturdays 3:15- 3:45

At both Churches





THANKS TO THESE SPONSORS WE ARE ABLE TO PROVIDE YOU WITH YOUR BULLETIN **FREE EACH WEEK**

Enjoy the full color bulletin that will change weekly and may feature images to reflect the Gospel of the week or a meaningful Parish event.

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LIVING LIFE AFTER COVID



“I have two words for Long Covid – the worst,” shares Eric T. of Burlington, MA.

While the initial alarm of the Covid-19 outbreak has subsided, the pandemic is ongoing. The spread may have slowed but we continue to feel the long-term impacts. Nearly 23 million Americans (100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months, or even years. In a number of cases, these symptoms worsen with time, even turning deadly.

“I got Covid early last year, and it was pretty bad,” shares Eric. “I was hospitalized for 9 days, and there was a point where I wasn’t sure I would make it. I’m still here, so I guess God had other plans but months passed, and I was still gasping for air. I couldn’t do everyday tasks like cutting the grass or working in the yard, much less enjoy a quick bike ride. And then there was what my doctor called ‘brain fog.’ I’d lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I’d had a stroke more than it did a virus.”

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported, including shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions.

These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited.

“I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me ‘this is the best we can do for you, it’s time you start thinking about how you’re going to live with Long Covid.’ Apparently, their best was letting me live what felt like half a life.”

Eric wasn’t satisfied with that and resigned to doing his own research, which is how he ended up here at AWC Acupuncture & Wellness Clinic. “I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I’ve used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Acupuncturist, Min Jeon D.Ac. Lic.Ac.”

You might think that a novel virus needs a novel solution, but you’d only be half right. While we are using innovative solutions like ATP Resonance BioTherapy® to combat Long Covid because it aids in the healing and repair of specific cells and tissues, it’s a much more time-tested science that’s getting our patients back to living their lives.

AWC Acupuncture is the premier provider of ozone therapy in the state.

“Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities,” shares Clinical Director Rebecca Rinn. “Ozone therapy has been used since the 1800s and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral and anti-inflammatory properties. We use it today to inactivate residual Covid virus, stimulate oxygen metabolism and activate the immune system. And the whole treatment takes about 15 minutes and is completely noninvasive.” As with our other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

“I’m in my second month of treatment and back to riding my bike and maybe breathing better than before I even had Covid. Everyone [at AWC] has been amazing! I feel cared for every time I walk in the door.”

Acupuncturist Min Jeon D.Ac. Lic.Ac. has successfully treated chronic pain and complicated conditions for over two decades. When Covid-19 emerged three years ago, we researched and developed therapies to address the complex virus effectively. Based on the testimony of patients like Eric, our efforts are a smashing success.



Call (781) 221-0162 where an AWC Care Coordinator is waiting to help you achieve optimal health and wellness!

**Visit www.AWClinic.com to learn more
and to take advantage of their NEW PATIENT OFFER!**



We help to amplify neighborhood voices and provide support to groups working to protect their communities.

www.neighborhoodvoicealliance.com

"Pray without Ceasing" 1
Thessalonians 5:17



Helping seniors stay healthy.

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(TTY 711) to join.

Here today,
here tomorrow.



JOHN L. TOBIN

ATTORNEY AT LAW

RESIDENTIAL BROKERAGE

ONE THOMPSON SQUARE
STE. 105, CHARLESTOWN

(617) 242-7881

johnltobinlaw.com

johnltobin@gmail.com

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AND

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